



# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



13-15 Feb. 2026



Clinical Skills and Simulation Center  
Princess Nourah University

## SCIENTIFIC AGENDA



هيئة التخصصات الطبية  
Saudi Commission for Health Specialties



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# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## Chairman



**Dr. Saad M AlQahtani**

Chairman - 2nd Arab Elbow Course Riyadh, 2026

## Organizing Committee



**Dr. Adeeba Albadran**

King Abdullah bin Abdulaziz University Hospital  
Princess Nourah bint Abdulrahman University



**Dr. Ahmed Alfaleh**

King Abdullah Bin Abdulaziz University Hospital  
Princess Nourah University



**Dr. Yasser Al Shehab**

King Abdullah Bin Abdulaziz University Hospital  
Princess Nourah University



**Dr. Raed Abu Talib**

Prince Mohammed bin Abdulaziz National  
guard hospital, Madinah, Saudi Arabia



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Saudi Commission for Health Specialties

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# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## Scientific Committee



### Dr. Hussain Algawahmed

Consultant Orthopedic Surgeon  
Hand, Wrist, Elbow and Shoulder Arthroscopy & Reconstruction  
Johns Hopkins Aramco Healthcare, Dhahran, Saudi Arabia



### Dr. Thamer Alraiyes

Director, Center of Continuous Professional Development  
Education & Training Office (ETO) Consultant, Department  
of Orthopedics Assistant Professor, Alfaisal University  
King Faisal Specialist Hospital & Research Center, Riyadh, Saudi  
Arabia



### Dr. Ahmed Habis

Upper extremity and Hand Orthopedic Surgeon,  
King Abdulaziz University, Riyadh. Upper Extremity  
and Hand Fellowship, Hand & Upper Limb Center,  
Western University, Canada. Upper Extremity  
and Hand Fellowship, Queen's University. Orthopaedic  
Residency, Queen's University Canada



### Dr. Alia Albaghdeel

Orthopaedic Surgeon and Assistant Professor,  
King Abdulaziz University - Jeddah, Saudi Arabia



### Dr. Khaled Al Abbasi

Orthopedic Surgery Consultant, Orthopedic  
Hand & Upper Limb, Trauma & Reconstruction  
Surgery, King Fahad Medical City - Riyadh



### Dr. Jawaher Al Khateeb

Consultant Orthopedic Surgeon Specializing In:  
Shoulder, Elbow & Wrist Surgery Focus Areas:  
Trauma, Arthroscopy, Reconstruction  
Saudi Arabia



### Dr. Ali Almomen

Consultant Orthopedic Surgery/  
Upper Extremities Orthopedic Surgery at  
AlSalam Hospital - Dammam - KSA



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**2 ARAB  
ELBOW  
COURSE 2026**

**Elbow Beyond Fractures**



# FACULTY BOOK





# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## International Faculty



 **Prof. Joideep Phadnis**

Leading UK shoulder and elbow surgeon practicing at University Hospitals Sussex, Brighton, and Fortius Clinic, London



 **Prof. Michael Hackl**

Director and Chair of Trauma Surgery at the University Medical Center Mannheim, Germany. He is an internationally recognized expert in shoulder and elbow surgery, with over 200 scientific publications and a strong focus on biomechanical research. He currently chairs the Elbow Committee of the German-speaking Society of Shoulder and Elbow Surgery (DVSE).



 **Prof. Roger van Riet**

- Current President of the European Society of Shoulder and Elbow Surgery (SECEC), France
- Founder of the Global Elbow Network (GEN)
- Associate editor Clinics in Orthopedic Surgery (CiOS)
- Editorial Board The Hive



 **Prof. Shawn O'Driscoll**

- Professor of Orthopedics, Mayo Medical School, Mayo Clinic, Minnesota, United States
- President and Founding Member, Global Elbow Network





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## Regional Faculty



### **Dr. Fares Noor Uddin**

Consultant orthopedic surgeon specializing in sports and upper limb surgery, he works with the Royal Medical Services Hospitals, Bahraini Royal Guards, and serves as a consultant to the Bahrain Royal Court, Olympic Committee, and national teams. He is also a senior lecturer at the Royal College of Surgeons in Ireland and the current program director of the Saudi Board for Orthopedic Surgery in Bahrain.



### **Dr. Hassan Al Lawati**

Consultant Orthopedic Surgeon at the medical city hospital for military and security service in Oman as shoulder and elbow consultant.



### **Dr. Marouane Bouloudhnine**

Consultant Orthopedic upper limb surgeon specialist in hand, wrist, elbow, shoulder and nerve reconstruction, Dubai, United Arab Emirates.



### **Dr. Mostafa Mahmoud**

- Orthopedic Surgeon in Hand, Upper Limb and Microsurgery Unit and Orthopedic department. Kasr Al Ainy, Cairo University Hospitals, Egypt.
- Professor of Orthopedics and Hand Surgery, Cairo University.
- Consultant of Hand, Upper Limb and Microsurgery





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## Regional Faculty



### **Dr. Mohamed Al Koheji**

London trained, Bahrain based Consultant Orthopaedic Surgeon. He practices general orthopaedic surgery with a subspecialist interest in the upper limb (shoulder to fingertips)



### **Dr. Naser Al Nusif**

Upper extremity and sports orthopaedic surgeon specializing in shoulder, elbow, and knee sports injuries, serving as Program Director of the Kuwait Orthopaedic Surgery Residency Program and Senior Specialist Orthopaedic Surgeon at AlRazi Hospital, Kuwait.



### **Dr. Saif Al Dhuhoori**

Director and Chair of Trauma Surgery at the University Medical Center Mannheim, Germany. He is an internationally recognized expert in shoulder and elbow surgery, with over 200 scientific publications and a strong focus on biomechanical research. He currently chairs the Elbow Committee of the German-speaking Society of Shoulder and Elbow Surgery (DVSE).



### **Dr. Seif Sawalha**

Consultant Orthopedic Surgeon at Healthpoint Hospital, Abu Dhabi, specializing in elbow and forearm surgery. He trained in the UK, completed an advanced elbow fellowship at Wrightington Hospital, and holds FRCS (Tr & Orth) and CCT.





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## National Faculty



**Dr. Adeeba Albadran**

- Orthopedic Shoulder and Upper Extremity Consultant - King Abdullah Bin Abdulaziz University Hospital  
- Clinical Assistant Professor at Princes Nourah Bint Abdulrahman University



**Dr. Ahmed Al Faleh**

Consultant Hand and Upper Extremity surgery, King Abdullah bin Abdulaziz University Hospital, Riyadh



**Dr. Ahmed Habis**

Upper extremity and Hand Orthopedic Surgeon, King Abdulaziz University, Riyadh. Upper Extremity and Hand Fellowship, Hand & Upper Limb Center, Western University, Canada. Upper Extremity and Hand Fellowship, Queen's University. Orthopaedic Residency, Queen's University Canada



**Dr. Ali Almomen**

Consultant Orthopedic Surgery/ Upper Extremities Orthopedic Surgery at AlSalam Hospital - Dammam - KSA





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## National Faculty



 **Dr. Alia Albaghdadi**

Orthopaedic Surgeon and Assistant Professor, King Abdulaziz University - Jeddah, Saudi Arabia



 **Dr. Jawaher Al Khateeb**

Consultant Orthopedic Surgeon Specializing in: Shoulder, Elbow & Wrist Surgery Focus Areas: Trauma, Arthroscopy, Reconstruction



 **Dr. Khaled AlAbbasi**

Orthopedic Surgery Consultant, Orthopedic Hand & Upper Limb, Trauma & Reconstruction Surgery, King Fahad Medical City - Riyadh



 **Dr. Hussain Algawahmed**

- Consultant Orthopedic Surgeon  
- Hand, Wrist, Elbow and Shoulder Arthroscopy & Reconstruction  
Johns Hopkins Aramco Healthcare, Dhahran, Saudi Arabia





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## National Faculty



 **Dr. Hussam Al Majid**

Orthopedic Consultant , College of Medicine in King Abdullah University Hospital, Riyadh, Saudi Arabia.



 **Dr. Moayd Awad**

- Upper Extremity and Orthopedic Trauma Consultant  
- Teaching Assistant at the Department Of Orthopedics – University of Jeddah



 **Dr. Raid Abu Talib**

Consultant orthopedic surgeon in Saudi Arabia, specializing in upper-limb surgery and sports medicine, with expertise in advanced procedures including AI-assisted robotic knee replacement at Prince Mohammad bin Abdulaziz Hospital (PMBAH).



 **Dr. Saad M AlQahtani**

Upper extremity and trauma surgeon  
Assistant professor- college of medicine/ IAU  
Chairman Orthopedic department/ KFUH





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## National Faculty



### Dr. Thamer Alraiyes

- Director, Center of Continuous Professional Development Education & Training Office (ETO) Consultant,
- Department of Orthopedics Assistant Professor, Alfaisal University King Faisal Specialist Hospital & Research Center, Riyadh, Saudi Arabia



### Dr. Yasser Al Shehab

- Consultant Shoulder and Upper Extremity surgery, King Abdullah bin Abdulaziz University Hospital, Riyadh





# **DAY 1**

**Friday, February 13, 2026**

**Scientific Program**





# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## DAY 1

### Friday, February 13, 2026

07:00 - 07:55 Registration

07:55 - 08:00 Welcome

Yasser Al Shehab

## SESSION 1

### Elbow Surgical Approaches

#### Topics

- 08:00 - 08:15 *Basics of Elbow Arthroscopy*  
**Demonstrator: Ahmed Alfaleh**
- 08:15 - 09:00 *Candidate Practice*
- 09:00 - 09:15 *Arthroscopic Tennis Elbow Release + LCL Imbrication*  
**Demonstrator: Roger van Riet**
- 09:15 - 10:00 *Candidate Practice*
- 10:00 - 10:15 *Posterior Compartment Arthroscopic Debridement*  
**Debridement Demonstrator: Shawn O'Driscoll**
- 10:15 - 11:00 *Candidate Practice*

11:15 - 12:30 Friday Prayer + Lunch





# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



**DAY 1**  
Friday, February 13, 2026

## **SESSION 2** **Advanced Elbow Procedures**

### Topics

- |               |   |
|---------------|---|
| 12:45 - 13:00 | <i>Coronoid Fixation &amp; Radial Head Arthroplasty</i><br><b>Demonstrator: Khaled AlAbbasi</b> |
| 13:00 - 14:00 | <i>Candidate Practice</i>   |
| 14:00 - 14:15 | <i>LUCL Repair and Allograft Reconstruction</i><br><b>Demonstrator: Michael Hackl</b>           |
| 14:15 - 15:15 | <i>Candidate Practice</i>   |
| 15:15 - 15:45 | Coffee and Prayer Break   |
| 15:45 - 16:00 | <i>MCL Repair &amp; Allograft Reconstruction</i><br><b>Demonstrator: Joideep Phadnis</b>        |
| 16:00 - 17:00 | <i>Candidate Practice</i>   |
| 17:00 - 17:15 | <i>Distal Biceps Repair</i><br><b>Demonstrator: Hussain Algawahmed</b>                          |
| 17:15 - 18:00 | <i>Candidate Practice</i>   |
| 18:00         | Wrap Up and Conclusion  |





# **DAY 2**

**Saturday, February 14, 2026**

**Scientific Program**



# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## DAY 2

### Saturday, February 14, 2026

07:45 - 08:15	Registration	
08:15 - 08:20	Welcome	Saad Al-Qahtani
08:20 - 08:30	Arab Elbow Course: Concept & Lessons Learned	Marouane Bouloudhine

## SESSION 1

### Elbow Instability

**Moderators:** Ahmed Habis/Naser Al Nusif

#### Topics

- 08:30 - 08:45 *Biomechanics of the Elbow Joint*  
**Ahmed Alfaleh**
- 08:45 - 09:00 *Clinical and Radiographic Evaluation of the Elbow*  
**Raid Abu Talib**
- 09:00 - 09:15 *Treatment Algorithm of Elbow Instability*  
**Thamer Alraiyes**
- 09:15 - 09:30 *The Lesions of the Ligaments and Stabilizers*  
**Marouane Bouloudhine**
- 09:30 - 09:45 *Terrible triad: the Saudi experience*  
**Hussain Algawahmed**
- 09:45 - 10:00 *Complex Elbow Instability - How to Stabilize*  
**Shawn O'Driscoll**

10:00 - 10:15	Coffee Break	
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# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## DAY 2

### Saturday, February 14, 2026

10:15 – 11:30 Small Group Discussion 1

11:30 – 12:30 Prayer + Lunch

### Sponsor Luncheon Workshop (Zimmer)

#### Topics

12:30 – 13:30 *Optimizing Outcomes in Total Elbow Arthroplasty with Nexel*

### Sponsor Luncheon Workshop (Medartis)

#### Topics

12:30 – 13:30 *Complex Cases in Elbow Surgery*  
*Prof. Micheal Hackl*





# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



**DAY 2**  
Saturday, February 14, 2026

## SESSION 2 Complex Elbow Fracture Dislocations

**Moderators:** Thamer Alraiyes/ Ali Almomen

### Topics

- 13:30 - 13:45 *Understanding the Osbourne Cotterill Lesion*  
*Joideep Phadnis*
- 13:45 - 14:00 *Trans Olecranon Fracture Dislocation*  
*Shawn O'Driscoll*
- 14:00 - 14:15 *Evaluation and Surgical Management of PMRI*  
*Seif Sawalha*
- 14:15 - 14:30 *Arthroscopic Coronoid Fracture Fixation*  
*Roger van Riet*
- 14:30 - 14:45 *ORIF of Radial Head and Neck Fractures*  
*Khaled AlAbbasi*
- 14:45 - 15:00 *Radial Head Arthroplasty and Implant Choice*  
*Roger van Riet*

15:00 - 15:15 Coffee Break





# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



## DAY 2

### Saturday, February 14, 2026

### SESSION 3

#### Re-Live Surgery

**Moderators:** Adeeba Albadran/Hassan Al Lawati

#### Topics

- 15:15 – 15:30 *Posterior Approach to the Elbow*  
*Yasser Shehab*
- 15:30 – 15:45 *Lateral Approach to the Elbow*  
*Mustafa Mahmoud*
- 15:45 – 16:00 *Diamond Pop-Up Approach to the Elbow*  
*Shawn O'Driscoll*
- 16:00 – 16:15 *Surgical Approach to the Proximal Radius*  
*Saif Al Dhuhoori*
- 16:15 – 16:30 *Arthroscopic Coronoid Fixation*  
*Joideep Phadnis*

**Moderator:** Khaled Al Abbasi

- 16:30 – 17:30 *Challenging Cases*  
*Shawn O'Driscoll*  
*Thamer Alraiyes*  
*Hussain Algawahmed*  
*Mustafa Mahmoud*





# **DAY 3**

**Sunday, February 15, 2026**

**Scientific Program**



# 2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



**DAY 3**  
Sunday, February 15, 2026

## SESSION 4 Tendon Injuries Around The Elbow

**Moderators:** Hussain Algawahmed/Raid Abu Talib

### Topics

- 08:00 – 08:15 *Partial Distal Biceps Tear: What is the Evidence?*  
**Hassan Al Lawati**
- 08:00 – 08:30 *Complete Distal Biceps Tear: Surgical Tips & Tricks*  
**Fares Nor Uddin**
- 08:30 – 08:45 *Chronic Distal Biceps Reconstruction*  
**Joideep Phadnis**
- 08:45 – 09:00 *Acute Triceps Rupture: Surgical Techniques*  
**Naser Al Nusif**
- 09:00 – 09:15 *Graft Reconstruction of Chronic Triceps Tear*  
**Roger van Riet**

09:15 – 09:30 Coffee Break





# 2 ARAB ELBOW COURSE 2026

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**DAY 3**  
Sunday, February 15, 2026

## SESSION 5 Post Traumatic Sequelae

**Moderators:** Marouane Bouloudhine/Saif Al Dhuhoori

### Topics

- 09:30 – 09:45 *Elbow Stiffness: Assessment and Surgical Plan*  
**Ahmed Habis**
- 09:45 – 10:00 *Management of Post Operative HO*  
**Yasser Shehab**
- 10:00 – 10:15 *Radial stem loosening: when to intervene and how?*  
**Seif Sawalha**
- 10:15 – 10:30 *Interposition Arthroplasty of the Elbow*  
**Michael Hackl**
- 10:30 – 10:45 *Total Elbow Srthroplasty for Fractures & Arthritis*  
**Shawn O'Driscoll**
- 10:45 – 11:00 *Management of Post Operative Infection*  
**Moayd Awad**

11:00 – 12:00 Small Group Discussion 2

12:00 – 13:00 Lunch Break & Sponsors Symposium





# 2 ARAB ELBOW COURSE 2026

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**DAY 3**  
Sunday, February 15, 2026

## SESSION 6

### Elbow Sport Injuries and Nerve Compressions

**Moderators:** Seif Sawalha/Alia Albaghdadi

#### Topics

- |               |   |
|---------------|---|
| 13:00 - 13:15 | <i>Assessment of Lateral Elbow Pain</i><br><i>Mohamed Al Koheji</i>                   |
| 13:15 - 13:30 | <i>Ulnar Nerve Pathology: Assessment &amp; Treatment</i><br><i>Jawaher Al Khateeb</i> |
| 13:30 - 13:45 | <i>Lateral epicondylitis release</i><br><i>Roger van Riet</i>                         |
| 13:45 - 14:00 | <i>PIN Compression: Diagnosis and Surgical Technique</i><br><i>Mustafa Mahmoud</i>    |
| 14:00 - 14:15 | <i>AIN Compression and Lacertus Syndrome</i><br><i>Mustafa Mahmoud</i>                |
| 14:15 - 14:30 | <i>Arthroscopic Arthrolysis and Capsular Release</i><br><i>Joideep Phadnis</i>        |
| 14:30 - 14:45 | <i>OCD of the Elbow: Treatment Strategy</i><br><i>Shawn O'Driscoll</i>                |

14:45 - 15:00 Coffee Break





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**DAY 3**  
Sunday, February 15, 2026

## SESSION 7 Re-Live Surgery

**Moderators:** Khaled Abbasi/Hussam Al Majid

### Topics

- 15:00 - 15:15 *Circumferential Graft Technique*  
*Roger van Riet*
- 15:15 - 15:30 *PRUJ interposition Arthroplasty*  
*Joideep Phadnis*
- 15:30 - 15:45 *Arthroscopic Contracture Release*  
*Roger van Riet*
- 15:45 - 16:00 *Total Elbow Arthroplasty*  
*Shawn O'Driscoll*

**Moderator:** Raid Abu Talib

- 16:00 - 17:00 *Challenging Cases*  
*Roger van Riet*  
*Joideep Phadnis*  
*Michael Hackl*  
*Saad AlQahtani*





# 2 ARAB ELBOW COURSE 2026

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**DAY 2**  
Saturday, February 14, 2026

## Small Group Discussion 1

### Group A

*Hussam Al Majid  
Mohamed Al Koheji  
Saif Al Dhuhoori*

### Group B

*Moayd Awad  
Adeeba Albadran  
Jawaher Alkateeb*

### Group C

*Mustafa Mahmoud  
Hassan Al-Lawati  
Alia Albaghdadi*

**DAY 3**  
Sunday, February 15, 2026

## Small Group Discussion 2

### Group A

*Ali Almomen  
Alia Albaghdadi  
Ahmed Habis*

### Group B

*Fares Noor Uddin  
Maroune Bouloudhnine  
Naser Al Nusif*

### Group C

*Ahmed Alfaleh  
Seif Sawalha  
Hussam Al Majid*