



2 ARAB ELBOW COURSE 2026

Elbow Beyond Fractures



13-15 Feb. 2026



Clinical Skills and Simulation Center
Princess Nourah University

SCIENTIFIC AGENDA

CME
ACCREDITED

POWERED BY
KUMARJETAJ



DAY 1

Friday, February 13, 2026

07:30 - 07:55	Registration
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07:55 - 08:00	Welcome	Yasser Al Shehab
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SESSION 1

Elbow Surgical Approaches

Time	Topic	Presenter
08:00 - 08:15	Basics of Elbow Arthroscopy	Demonstrator: Ahmed Alfaleh
08:15 - 09:00	Candidate Practice	
09:00 - 09:15	Arthroscopic Tennis Elbow Release + LCL Imbrication	Demonstrator: Roger van Riet
09:15 - 10:00	Candidate Practice	
10:00 - 10:15	Posterior Compartment Arthroscopic Debridement	Demonstrator: Shawn O'Driscoll
10:15 - 11:15	Candidate Practice	

11:15 - 12:30	Friday Prayer + Lunch
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DAY 1

Friday, February 13, 2026

SESSION 2

Advanced Elbow Procedures

Time	Topic	Presenter
12:30 - 12:45	Coronoid Fixation & Radial Head Arthroplasty	Demonstrator: Khaled AlAbbasi
12:45 - 13:30	Candidate Practice	
13:30 - 13:45	LUCL Repair and Allograft Reconstruction	Demonstrator: Michael Hackl
13:45 - 14:30	Candidate Practice	
14:30 - 14:45	MCL Repair & Allograft Reconstruction	Demonstrator: Joideep Phadnis
14:45 - 15:30	Candidate Practice	
15:30 - 15:45	Distal Biceps Repair	Demonstrator: Hussain Algawahmed
15:45 - 16:30	Candidate Practice	
16:30 - 17:00	Wrap Up and Conclusion	Yasser Al Shehab



DAY 2

Saturday, February 14, 2026

07:45 - 08:15	Registration
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08:15 - 08:20	Welcome	Saad Al-Qahtani
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08:20 - 08:30	Arab Elbow Course: Concept & Lessons Learned	Marouane Bouloudhine
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SESSION 1

Elbow Instability

Moderators: Ahmed Habis/Naser Al Nusif

Time	Topic	Presenter
08:30 - 08:45	Biomechanics of the Elbow Joint	Ahmed Alfaleh
08:45 - 09:00	Clinical and radiographic evaluation of the elbow	Raed Abu Talib
09:00 - 09:15	Treatment algorithm of elbow instability	Thamer Alraiyes
09:15 - 09:30	The lesions of the ligaments and stabilizers	Marouane Bouloudhine
09:30 - 09:45	Terrible triad: the Saudi experience	Hussain Algawahmed
09:45 - 10:00	Complex Elbow Instability - How to Stabilize	Shawn O'Driscoll

10:00 - 10:15	Coffee Break
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DAY 2

Saturday, February 14, 2026

10:15 - 11:30
Small Group Discussion 1

11:30 - 12:30 | Prayer + Lunch

12:30 - 13:30 - Room 1
Sponsor Luncheon Workshop (Zimmer)
Optimizing Outcomes in Total Elbow Arthroplasty with Nexel

12:30 - 13:30 - Room 2
Sponsor Luncheon Workshop (Medartis)
Complex Cases in Elbow Surgery : Prof. Michael Hackl



DAY 2

Saturday, February 14, 2026

SESSION 2

Complex Elbow Fracture Dislocations

Moderators: Thamer Alraiyes/ Ali Almomen

Time	Topic	Presenter
13:30 – 13:45	Understanding the Osbourne Cotterill Lesion	Joideep Phadnis
13:45 – 14:00	Trans Olecranon fracture dislocation	Shawn O'Driscoll
14:00 – 14:15	Evaluation and surgical management of PMRI	Seif Sawalha
14:15 – 14:30	Arthroscopic Coronoid fracture fixation	Roger van Riet
14:30 – 14:45	ORIF of Radial Head and Neck fractures	Khaled AlAbbasi
14:45 – 15:00	Radial Head Arthroplasty and Implant choice	Roger van Riet
15:00 – 15:15	Coffee Break	



DAY 2

Saturday, February 14, 2026

SESSION 3

Re-Live Surgery

Moderators: Adeebah Albadran/Hassan Al Lawati

Time	Topic	Presenter
15:15 – 15:30	Posterior Approach to the elbow	Yasser Shehab
15:30 – 15:45	Lateral Approach to the elbow	Mustafa Mahmoud
15:45 – 16:00	Diamond Pop-Up Approach to the Elbow	Shawn O'Driscoll
16:00 – 16:15	Surgical Approach to the proximal Radius	Saif Al Dhuhoori
16:15 – 16:30	Arthroscopic Coronoid Fixation	Joideep Phadnis

Moderator: Khaled Al Abbasi

Time	Topic	Panellist
16:30 – 17:30	Challenging Cases	Shawn O'Driscoll
		Thamer Alraiyes
		Hussain Algawahmed
		Mustafa Mahmoud



DAY 3

Sunday, February 15, 2026

SESSION 4

Tendon Injuries Around The Elbow

Moderators: Hussain Algawahmed/Raed Abu Talib

Time	Topic	Presenter
08:00 – 08:15	Partial distal biceps tear: what is the evidence?	Hassan Al Lawati
08:15 – 08:30	Complete distal biceps tear: surgical tips & tricks	Fares Nor Uddin
08:30 – 08:45	Chronic distal biceps reconstruction	Joideep Phadnis
08:45 – 09:00	Acute Triceps rupture: surgical techniques	Naser Al Nusif
09:00 – 09:15	Graft reconstruction of chronic triceps tear	Roger van Riet

09:15 – 09:30	Coffee Break
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Elbow Beyond Fractures



DAY 3

Sunday, February 15, 2026

SESSION 5

Post Traumatic Sequelae

Moderators: Marouane Bouloudhnine/Saif Al Dhuhoori

Time	Topic	Presenter
09:30 – 09:45	Elbow stiffness: assessment and surgical plan	Ahmed Habis
09:45 – 10:00	Management of Post operative HO	Yasser Shehab
10:00 – 10:15	Radial stem loosening: when to intervene and how?	Raid Abu Talib
10:15 – 10:30	Interposition arthroplasty of the elbow	Michael Hackl
10:30 – 10:45	Total elbow arthroplasty for fractures & arthritis	Shawn O'Driscoll
10:45 – 11:00	Management of post operative infection	Moayad Awad

11:00 – 12:00

Small Group Discussion 2

12:00 – 13:00

Lunch Break & Sponsors Symposium



DAY 3

Sunday, February 15, 2026

SESSION 6

Elbow Sport Injuries and Nerve Compressions

Moderators: Seif Sawalha/Alia Albaghdadi

Time	Topic	Presenter
13:00 – 13:15	Assessment of Lateral Elbow pain	Mohammed Kohaji
13:15 – 13:30	Ulnar nerve pathology: assessment & treatment	Jawaher Al Khateeb
13:30 – 13:45	Lateral epicondylitis release	Roger van Riet
13:45 – 14:00	PIN compression: diagnosis and surgical technique	Mustafa Mahmoud
14:00 – 14:15	AIN compression and Lacertus syndrome	Mustafa Mahmoud
14:15 – 14:30	Arthroscopic arthrolysis and capsular release	Joideep Phadnis
14:30 – 14:45	OCD of the elbow: treatment strategy	Shawn O'Driscoll

14:45 – 15:00	Coffee Break
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DAY 3

Sunday, February 15, 2026

SESSION 7

Re-Live Surgery

Moderators: Khalid Abbasi/Hussam Al Majid

Time	Topic	Presenter
15:00 – 15:15	Circumferential Graft Technique	Roger van Riet
15:15 – 15:30	PRUJ interposition Arthroplasty	Joideep Phadnis
15:30 – 15:45	Arthroscopic Contracture Release	Roger van Riet
15:45 – 16:00	Total Elbow Arthroplasty	Shawn O'Driscoll

Moderator: Raed Abu Talib

Time	Topic	Panellist
16:00 – 17:00	Challenging Cases	Roger van Riet
		Joideep Phadnis
		Michael Hackl
		Saad AlQahtani



DAY 2

Saturday, February 14, 2026

Small Group Discussion 1

Group A	Hussam Al Majid
	Mohammed Kohaji
	Saif Al Dhuhoori
Group B	Moayad Awad
	Fares Noor Uddin
	Jawaher Alkateeb
Group C	Mustafa Mahmoud
	Hassan Al-Lawati
	Alia Albaghdadi



DAY 3

Sunday, February 15, 2026

Small Group Discussion 2

Group A	Ali Almomen
	Alia Albaghdadi
	Ahmed Habis
Group B	Adeebah Albadran
	Maroune Bouloudhnine
	Naser Al Nusif
Group C	Ahmed Alfaleh
	Seif Sawalha
	Hussam Al Majid